



2 below zero

Conversation Starter: Spirit & Body Willing: Sex over Age 70

1. How important do you think sexual intimacy was or is to your parents? To your grandparents?
2. Why does the idea of older people engaging in sexual activity make some young people uncomfortable?
3. How openly do you hope to express your sexuality in old age?
4. How can family members, nursing homes and assisted living centers better accommodate people who are sexually expressive?
5. How will openly gay, lesbian, bi and transgender people change life in assisted living or nursing homes?
6. How will the baby boom generation influence society's approach to sexuality and aging as they retire?
7. Do you think this change will be largely positive, or negative?
8. Have you talked with your spouse, partner and/or children about your own expectations for partnership and privacy? Why or why not?

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